Underclassman Student Information

Class of 2018, 2019, 2020 ★College

★Trade School

★Military Enlistment

★Workforces

Counselina Initia

No matter where you are headed, you will be more successful if you plan for your future!

Counseling Staff

Sherrie Howard	A-Da	showard@suhsd.net	Learn more on our website:
Becky Love	De-H	blove@sushd.net	4
			www.shastawolves.com
Adrian Valdivia	I-N	avaldivia@suhsd.net	2
	-46		or follow our twitter
Heather Van	O-R	hvanslyke@suhsd.net	account:
Slyke	/ 4. V		@shasta wolves
Brian Beasley	S-Z	bbeasley@suhsd.net	
Jennifer Reed	Career Info.	jreed@suhsd.net	FOLLOW US ON
Justin Henry	CollegeOPTIONS	jhenry@ucdavis.edu	

Helpful Websites

Financial Aid	fafsa.ed.gov	csac.ca.gov	mygrantinfo.csac.ca.gov
Scholarships	fastweb.com	northstatecommunityforce.com	check websites at colleges you are applying to
CSU System	csumentor.edu	californiacolleges.edu	
UC System	univeristyofcalifornia.e du	ucop.edu	www.assist.org
Private Universities	aiccu.edu	commonapp.org	

Helpful Websites

Shasta College	shastacollege.edu		
California Comm. Colleges	californiacommunitycolleges.cccco.edu		
SAT	collegeboard.org	collegereadiness.collegeboard.org	khanacademy.org
ACT	act.org	march2success.com	4tests.com
Athletic Clearing Houses	NCAA: eligibilitycenter.org	NAIA: playnaia.org	jkelly@shastacollege.edu

Sober Grad Information

GET INVOLVED!

Meetings are held in Room 307 at 6 pm. First meeting will be
October 12

Please contact: Sarah Price sprice@suhsd.net

Help our students have a safe and fun graduation party. Get involved now, so your student will have a successful party too.





Counseling Goals

Academic	 Help students with their academic achievement Academic Placement Graduation and a-g requirements Tutoring services
College	 Help students plan and prepare for post-secondary schooling Application process Financial Aid College entrance exam tests
Career	Help students plan and prepare for work during and/or after high school
Social/Emotional	Help students with personal growth and development Individual counselingReferrals to appropriate community resources

Aeries Account	 Review grades, assignments and attendance Go to www.shastawolves.com and click create new account Enter email Go to email to confirm account You will need your student's primary phone number, student id number and verification pass code (available through counseling center)
Naviance Account	 Explore colleges, careers, take career assessments, build resumes, research scholarships Go to www.shastawolves.com and click "Naviance" under quick links Students: log-in is Student ID # and password is network password Parents: click on Naviance under quick links Click on "I need to register" and enter your primary phone number
www.shastawolves.com	 Daily bulletin and announcements Quick links Activities Counseling tab Presentations will be posted in counseling tab

Home of the Wolves

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Naviance



Naviance is a new tool for all of our students. It's a quick and easy vehicle to a variety of information as well as maintaining a personal account for each student. Students will have access to career assessments, resume building, college search and information, scholarship bulletin, career building and more.

To access your personal account, go to Naviance and enter the following:

Students:

Username: Student ID #

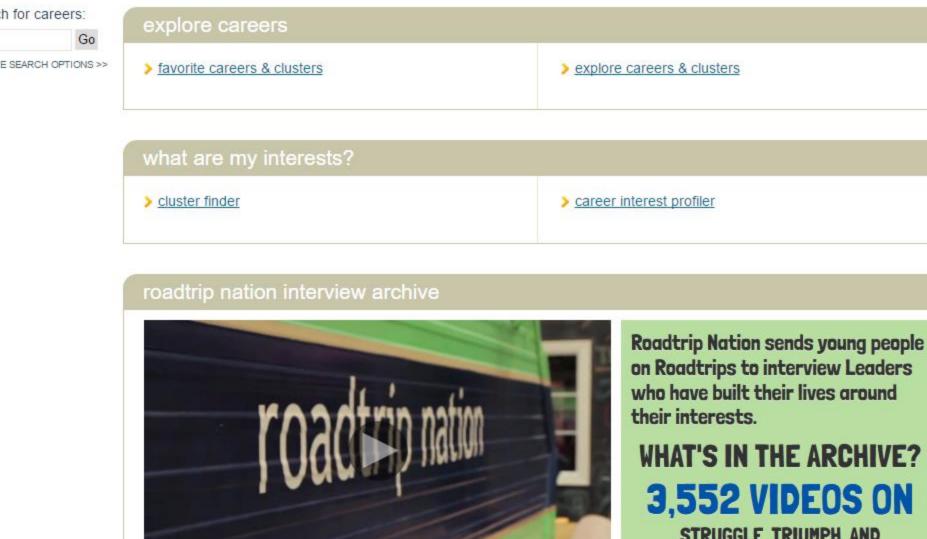
Password: Use your SUHSD network log-on password

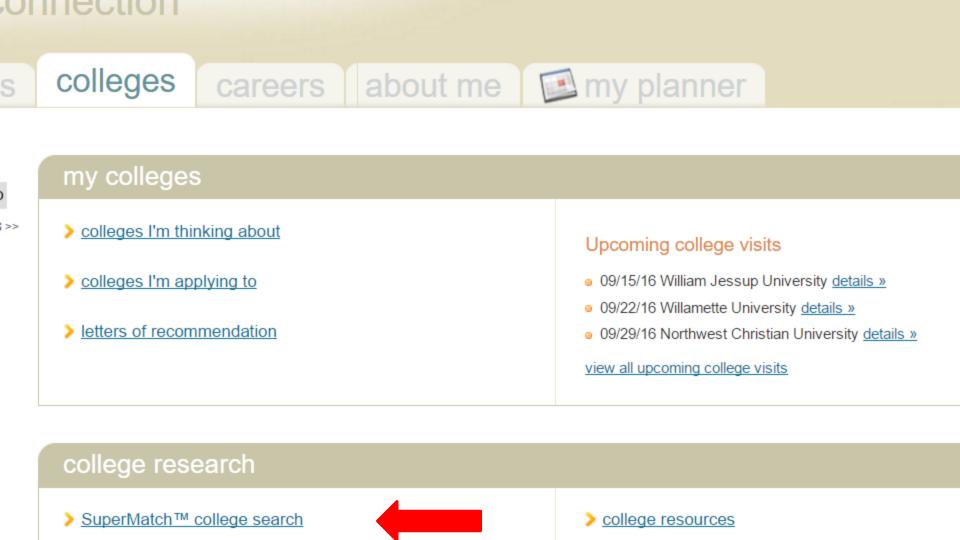
Parents:

Vou will receive an email from Naviance with directions how to log-on

Why use Naviance?

- Career Assessments
- Career Planning
- College Searches
- a-g requirements
- Graduation requirements
- Scholarship listings
- Compare UC and CSU systems
- Study Skills
- Test Info
- Resume Building
- Letter of Recommendation Form





3.18

78%

\$7,171

\$18,331

\$11,836

8,485

Coed

Humboldt State University

55% Women / 45% Men

Percent Admitted

U. of California-Los Ange...

53% Women / 47% Men

ADMISSIONS

4

96%

\$12,705

\$35,583

\$14,511

41,845

Coed

Average H.S. GPA

Retention Rate

FINANCIAL

Room & Board

Students

Coed Status

Gender Mix

STUDENT BODY

In-State Tuition & Fees

Out-of-State Tuition & Fees



3.36

88%

\$6,866

\$18,026

\$12,920

33,483

Coed

San Diego Stat

56% Women / 44%



Academic Support



- → Peer Tutoring (Tues/Thurs in library from 2:40-4:15)
- → Math Lab and/or Language Arts Lab
- → www.khanacademy.org is a free tutoring site provided by the Gates Foundation
- → Form a study group with students from the same class.
- → Shasta College offers study strategy & time management courses that are free to high school students.
- → Meet with your counselor to explore all options.

Teacher Communication

- > Just as communicating with a boss is crucial to an employee's success such is true for students in relating to their teacher.
- Become comfortable with emailing your teachers.
- ➤ Make appointments with teachers to review class test scores and make an effective study plan for future tests.
- Check your Aeries account regularly as well as your teacher's' website for your class.
- > Contact teachers regarding grades & assignments
- > Become comfortable with textbook online support

Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
Harry Potter Club	Peer Tutoring (Tues/Thurs)	Interact Club	Mad Mudders	MockTrial
Recycle Club	Drama Club	Philosophy Club	Key Club	Black Student Union
FBLA	Botany Club	Smash Brothers Club	Science Bowl	Christian Club
Journalism	Car Club	Gamers Club	Mountain Bike Club	Chess Club
Model UN	French Club	Native Wolfpack Club	TCG Club	Latinos and Amigos Club
	Makers Club			Travel Club
	Amateur Radio Club	For club descriptions, please view on our website: https://shs-shastauhsd-ca.schoolloop.com/activites		

Graduation Requirements

Course:	Credits required: (10 credits = 1 year course)

English: 40 credits

Social Science 40 credits

Math: 30 credits

Science: 20 credits(Physical and Lilfe Science)

Physical Education: 20 credits

Visual/Performing Art: 10 credits

Practical/Vocational Art 10 credits

Electives: 60 credits

230 Total Credits Required

Proficiencies to complete in addition to 230 credits:

Computer Proficiency

A-G University Admission Requirements, CSU & UC cont.



Social Science:

2 Years from World History, Cult. Geography, US History, or American Government



B) English:

4 Years



C) Math:

3 Years and must include two semesters of Integ. Math II, and Integ. Math III.



D) Lab Science:

2 Years and must include Biology and either Chemistry or Physics



E)Language Other Than English (LOTE):

2 Years of the same language



F)Visual/Performing Art: 1 Year



G)College Prep Elective: 1 Year

All A-G courses must be completed with a grade of "C" or better.

California State Universities (CSU)

CSII The California State University

CSUMENTOR

SEARCH: EN ESPANOL | CREATE AN ACCOUNT | LOG ON | COUNSELORS & EDUCATORS

> HOME

EXPLORE CAMPUSES COLLEGE PLANNING

FINANCIAL AID

TESTING

APPLY

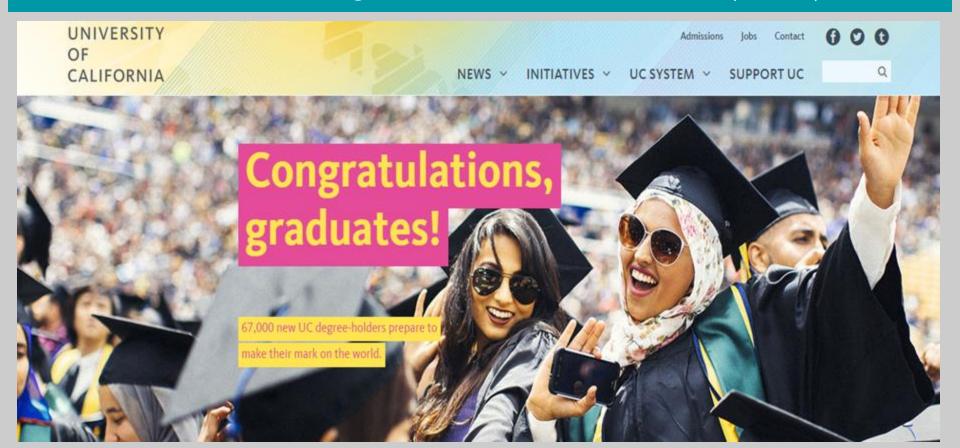
HELP



- CSU aims to admit the top 33% of CA high school graduates
- CSU is our Nation's largest public 4-year university system with 23 campuses to choose from
- Cost to attend a CSU is approximately \$10,000 less per year!
- The CSU awards nearly half of our states Bachelors Degrees
- More than 1/3 of CSU students are first generation students
- Time to degree averages 4.7 years

www.csumentor.edu

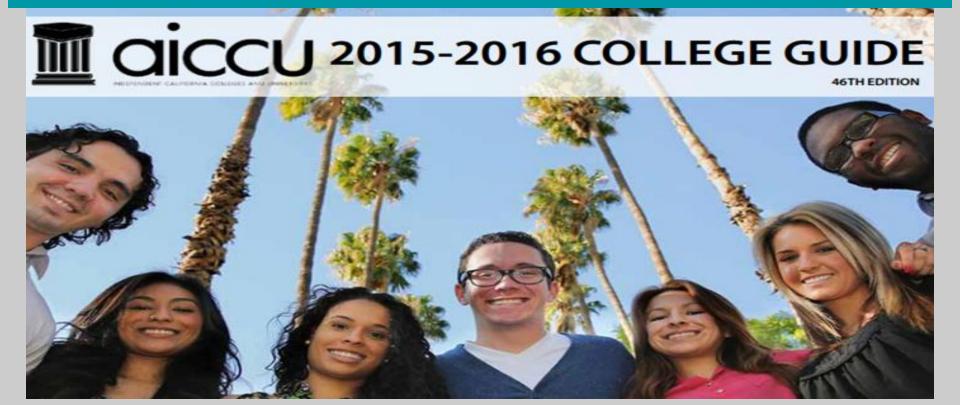
University of California (UC)



University of California (UC)

- 9 Campuses plus UCSF which is a Graduate school
- UC aims to admit the top 12.5% of all CA high school graduates
- UC guarantees admission to the top 9% of all CA high school graduates (ELC)*
- 42% students are First Generation College Students
- 84.5% of students are CA Residents
- 4 Year Avg. Graduation Rate = 64% 5 Year Avg. Graduation Rate = 82%
- Blue & Gold Scholarship for students from family incomes of \$80,000 or less
- Middle Class Scholarship for students from family incomes of \$150,000 or less
 http://admission.universityofcalifornia.edu/

Association Independent CA Colleges Universities



California Community Colleges



The California Community Colleges is the largest system of higher education in the nation, with 2.1 million students attending 113 colleges. Our colleges















- Our students are <u>guaranteed</u> admissions into these 6 schools if they meet the requirements!
- Shasta County students will only pay In State Tuition at Southern Oregon University!

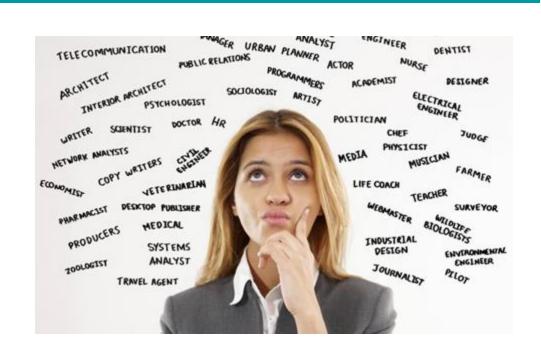
Choosing the best college..for you

- □ Does this college offer majors I'm interested in?
- Is this college located in an area I would feel safe?
- □ Does this college offer leisure time activities I would enjoy?
- Can I afford this college or am I willing to take out a loan to attend?
- What is the retention rate at this college?
- ☐ Are there graduate degrees offered within my major?
- Be sure to visit the campus while it's in session!

		Provided by	Time of Year	Activity
<u> </u>		Career Specialist	Fall & Spring	Cluster Finder Career Exploration
•=				Introduction of Resume Builder
\Rightarrow				Integrate with Choices curriculum
	Oak			
\smile	9th	Counselors	Fall Semester	Four Year Plan
				Graduation Req. & A-G Req.
(Introduction to a transcript
=				Survey
•				
		Provided by	Time of Year	Activity
		Career Specialist	Fall	Interest Profiler
		Career Specialist	raii	Careers I'm Thinking About
©	TOAL			
	10th	Counselors	Fall	Four Year plan follow up and editing
		Counscions		College Map & Colleges I'm Thinking About
-				Road Trip Nation-Explore themes
- T				Survey
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		Provided by	Time of Year	Activity
		Career Specialist	Varies by site	Career Fair
			Santa d	Steen oth Fundamen
_			Spring	Strength Explorer
701		Counselors	Spring	Edit Four Year Plan
=	11th	Counseiors	Semester	Game Plan
			Jeillestei	Super Match
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				College Resources Additional Resources: Assist, AICU, UC, CSU
				College Resources
96				College Resources Additional Resources: Assist, AICU, UC, CSU
ege ar				College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College
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College ar		Provided by Career Specialist	Time of Year Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey
College ar				College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity
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D College ar				College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid,
SD College ar	12th	Career Specialist	Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid, College Compare
4SD College ar		Career Specialist	Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid, College Compare Super Match
HSD College ar		Career Specialist	Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid, College Compare Super Match Edit Game Plan
UHSD College ar		Career Specialist	Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid, College Compare Super Match
SUHSD College and Career Planning Guide		Career Specialist	Varies by site	College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey Activity Career Fair College Resources: Scholarships, Financial Aid, College Compare Super Match Edit Game Plan

CTE Opportunities = Career Exploration Junior & Senior year

- ➤ Fire Technology
- > Medical Careers
- > Engineering
- Veterinary Careers
- > Administration of Justice
- Early Childhood Careers
- > Dental Assisting
- ➤ Chef Prep & Culinary Arts
- > Agriculture
- > Sports Medicine



Admission Testing for Universities

ACT and SAT are the two college admission tests. Both tests are accepted broadly.

Statistics report highest scores earned spring of junior year <u>OR</u> upon completion of Math III

ACT: Reading, Math, Science, and Writing Cost: \$56.50

SAT: Reading, Math, Writing, and Writing Cost: \$57

Open this link for a very thorough comparison of ACT and SAT. https://collegereadiness.collegeboard.org/sat/inside-the-test/compare-new-sat-act

ACT Test Dates 2016-2017

TESTDATE	REGISTRATION DEADLINE	DEADLINE WITH LATE FEE
Sept. 10, 2016	Aug. 5, 2016	Aug. 19, 2016
Oct. 22, 2016	Sept. 16, 2016	Sept. 30, 2016
Dec. 10, 2016	Nov. 4, 2016	Nov. 18, 2016
Feb. 11, 2017	Jan. 13, 2017	Jan. 20, 2017
April 8, 2017	March 3, 2017	March 17, 2017
June 10, 2017	May 5, 2017	May 19, 2017

SAT Test Dates 2016-17

TESTDATE	REG. DEADLINE	LATE REG./MAIL Fee Req.	LATE REG./PHONE Fee Req.
Oct. 1, 2016	Sept. 9, 2016	Sept. 13, 2016	Sept. 20, 2016
Nov. 5, 2016	Oct. 7, 2016	Oct. 18, 2016	Oct. 25, 2016
Dec. 3, 2016	Nov. 3, 2016	Nov. 15, 2016	Nov. 22, 2016
Jan. 21, 2017	Dec. 21, 2016	Jan. 3, 2017	Jan. 10, 2017
March 11, 2017	Feb. 10, 2017	Feb. 21, 2017	Feb. 28, 2017
May 6, 2017	April 7, 2017	April 18, 2017	April 25, 2017
June 3, 2017	May 9, 2017	May 16, 2017	May 24, 2017

SAT & ACT Fee Waivers

- ★ Students that qualify for the Free or Reduced Lunch program are automatically eligible for SAT & ACT Fee Waivers during Junior and Senior Years!
- ★ SAT Fee Waivers also provide (4) Free College Applications! \$60 x 4 = \$240

PSAT: Practice Test for SAT NMSQT: Scholarship Contest for Juniors

★ Fall 2016 Testing Schedule includes:

- Primary: Wednesday October 19
 - Saturday: October 15
- Alternate: Wednesday November 2



Military Info

We offer the ASVAB each year for 10, 11th and 12th grade students *It will be offered Spring 2017*

The ASVAB consists of:

Armed Services Vocational Aptitude Battery (ASVAB) - the most widely-used multiple aptitude test battery in the world measures developed abilities and helps predict future academic and occupational success.

Find Your Interests (FYI) - a 90-item interest inventory designed to help students identify their work-related interests.

OCCU-Find – this career catalog contains data related to 100s of careers with activities to help students put a plan together.

California assessment of student performance & progress (CAASPP)

- California juniors
- Standardized test in English and Math
- CSU, Early Assessment Program (EAP)
- EAP test questions were embedded in the CAASPP to determine readiness for college level course work.

Are You Going To Be A Collegiate Athlete?



NCAA Eligibility Center

www.eligibilitycenter.org

NAIA Eligibility Center http://www.playnaia.org

Shasta College Athletics
Jayson Kelly, Athletic Counselor
530-242-7737 or jkelly@shastacollege.edu
www.shastacollege.edu

Justin Henry College Options

Financial Aid/FAFSA Tips

- The Free Application for Federal Student Aid reviews 4 items: income, assets, how many kids in college, how close to retirement
- Consider where you have your assets
- If your student has income over \$6,400 they will add 50% of it to your EFC (Expected family contribution).
- Any assets in the students name count more against financial aid vs. in parents name
- A 529 plan will be taxed as income the following year. A gift is not taxed.
- Your first home is not considered an asset; other real estate/investments are reported as assets
- Stocks, cash in bank are considered assets
- Assets do not include: Home equity, retirement accounts, Life insurance and annuities, assets entitled to a business or ranch/farm if you own/operate at least 50% and have fewer than 100 employees.

CHANGES TO THE FAFSA PROCESS FOR 2017-2018

SUMMARY OF KEY DATES FOR SUBMITTING THE FAFSA

IF YOU PLAN TO ATTEND COLLEGE FROM	YOU WILL SUBMIT THIS FAFSA	YOU CAN SUBMIT THE FAFSA FROM	USING INCOME AND TAX INFORMATION FROM
July 1, 2015-June 30, 2016	2015–16	January 1, 2015–June 30, 2016	2014
July 1, 2016-June 30, 2017	2016–17	January 1, 2016–June 30, 2017	2015
July 1, 2017-June 30, 2018	2017–18	October 1, 2016-June 30, 2018	2015
July 1, 2018-June 30, 2019	2018–19	October 1, 2017-June 30, 2019	2016

studentaid.gov/fafsa

Cal Grant Info

2017-18 CAL GRANT PROGRAM INCOME CEILINGS			
	Cal Grant	Cal Grant	
	A and C	В	
Dependent students and			
Independent students with depe	endents other tha	an a spouse	
Family size:			
Six or more	\$110,300	\$60,600	
Five	\$102,200	\$56,100	
Four	\$95,400	\$50,100	
Three	\$87,800	\$45,100	
Two	\$85,700	\$40,000	
Independent students			
Single, no dependents	\$35,000	\$35,000	
Married, no other dependents	\$40,000	\$40,000	

2017-18 CAL GRANT PROGRAM ASSET CEILINGS	
Dependent students ¹	\$73,800
Independent students	\$35,100

¹ This ceiling also applies to independent students with dependents other than a spouse.

NOTE: Per California Education Code section 69432.7(k), the Cal Grant program income and asset ceilings for new applicants and renewing recipients are to be adjusted annually using the change in the cost of living within the meaning of paragraph (1) of subdivision (e) of Section 8 of Article XIII B of the California Constitution:

SEC. 8. (e) (1) "Change in the cost of living" for the State, a school district, or a community college district means the percentage change in California per capita personal income from the preceding year.

Scholarship Tips

Naviance

<u>www.shastawolves.com</u> > Colleges > Scholarship List

Local & Regional Searches:

www.northstatescholarships.communityforce.com

Available in Naviance

State & National Scholarship Searches:

www.fastweb.com

www.californiacolleges.edu

Survey

To better serve our students and parents, we would appreciate your feedback.

Please take a moment to complete the survey you received.