

Underclassman Student Information

Class of 2018, 2019, 2020

★College

★Trade School

★Military Enlistment

★Workforces

No matter where you are headed, you will be more successful if you plan for your future!

Counseling Staff

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Learn more on our website:

www.shastawolves.com

or follow our twitter account:
[@shasta_wolves](https://twitter.com/shasta_wolves)



Helpful Websites

Financial Aid	fafsa.ed.gov	csac.ca.gov	mygrantinfo.csac.ca.gov
Scholarships	fastweb.com	northstatecommunityforce.com	check websites at colleges you are applying to
CSU System	csumentor.edu	californiacolleges.edu	www.assist.org
UC System	universityofcalifornia.edu	ucop.edu	
Private Universities	aiccu.edu	commonapp.org	

Helpful Websites

Shasta College	shastacollege.edu		
California Comm. Colleges	californiacommunitycolleges.cccco.edu		
SAT	collegeboard.org	collegereadiness.collegeboard.org	khanacademy.org
ACT	act.org	march2success.com	4tests.com
Athletic Clearing Houses	NCAA: eligibilitycenter.org	NAIA: playnaia.org	jkelly@shastacollege.edu

Sober Grad Information

GET INVOLVED!

Meetings are held in Room 307
at 6 pm. First meeting will be
October 12

Please contact:
Sarah Price
sprice@suhsd.net

Help our
students
have a safe and
fun graduation
party. Get
involved now, so
your student will
have a successful
party too.



Counseling Goals

Academic	Help students with their academic achievement <ul style="list-style-type: none">• Academic Placement• Graduation and a-g requirements• Tutoring services
College	Help students plan and prepare for post-secondary schooling <ul style="list-style-type: none">• Application process• Financial Aid• College entrance exam tests
Career	Help students plan and prepare for work during and/or after high school <ul style="list-style-type: none">• Career Assessments and Exploration• Career Technical Education courses• Military Recruiters and ASVAB• Career Fair• Job Search Assistance (resume, application)
Social/Emotional	Help students with personal growth and development <ul style="list-style-type: none">• Individual counseling• Referrals to appropriate community resources

Aeries Account

Review grades, assignments and attendance

- Go to www.shastawolves.com and click create new account
- Enter email
- Go to email to confirm account
- You will need your student's primary phone number, student id number and verification pass code (available through counseling center)

Naviance Account

Explore colleges, careers, take career assessments, build resumes, research scholarships

- Go to www.shastawolves.com and click "Naviance" under quick links
- Students: log-in is Student ID # and password is network password
- Parents: click on Naviance under quick links
- Click on "I need to register" and enter your primary phone number

www.shastawolves.com

- Daily bulletin and announcements
- Quick links
- Activities
- Counseling tab
- Presentations will be posted in counseling tab

Counseling

Counseling News

College Athletic Eligibility

Naviance

Testing

Computer Proficiency

Credit Recovery Options

Student Support and Tutoring

Work Experience

Naviance



NAVIANCE

Naviance is a new tool for all of our students. It's a quick and easy vehicle to a variety of information as well as maintaining a personal account for each student. Students will have access to career assessments, resume building, college search and information, scholarship bulletin, career building and more.

To access your personal account, go to Naviance and enter the following:

Students:

Username: Student ID #

Password: Use your SUHSD network log-on password

Parents:

You will receive an email from Naviance with directions how to log-on

Why use Naviance?

- Career Assessments
- Career Planning
- College Searches
- a-g requirements
- Graduation requirements
- Scholarship listings
- Compare UC and CSU systems
- Study Skills
- Test Info
- Resume Building
- Letter of Recommendation Form

h for careers:

Go

SEE SEARCH OPTIONS >>

explore careers

> [favorite careers & clusters](#)

> [explore careers & clusters](#)

what are my interests?

> [cluster finder](#)

> [career interest profiler](#)

roadtrip nation interview archive



Roadtrip Nation sends young people on Roadtrips to interview Leaders who have built their lives around their interests.

WHAT'S IN THE ARCHIVE?

3,552 VIDEOS ON

STRUGGLE TRIUMPH AND

connection

s

colleges

careers

about me



my planner

my colleges

> [colleges I'm thinking about](#)

> [colleges I'm applying to](#)

> [letters of recommendation](#)

Upcoming college visits

- 09/15/16 William Jessup University [details »](#)
- 09/22/16 Willamette University [details »](#)
- 09/29/16 Northwest Christian University [details »](#)

[view all upcoming college visits](#)

college research

> [SuperMatch™ college search](#)



> [college resources](#)

ADMISSIONS			
Percent Admitted	19%	77%	34%
Average SAT	1940	1535	1617
Average ACT	30	21	24
Average H.S. GPA	4	3.18	3.36
Retention Rate	96%	78%	88%
FINANCIAL			
In-State Tuition & Fees	\$12,705	\$7,171	\$6,866
Out-of-State Tuition & Fees	\$35,583	\$18,331	\$18,026
Room & Board	\$14,511	\$11,836	\$12,920
STUDENT BODY	U. of California-Los Ange...	Humboldt State University	San Diego State
# Students	41,845	8,485	33,483
Coed Status	Coed	Coed	Coed
Gender Mix	53% Women / 47% Men	55% Women / 45% Men	56% Women / 44%

Academic Support



- Peer Tutoring (Tues/Thurs in library from 2:40-4:15)
- Math Lab and/or Language Arts Lab
- www.khanacademy.org is a free tutoring site provided by the Gates Foundation
- Form a study group with students from the same class.
- Shasta College offers study strategy & time management courses that are free to high school students.
- Meet with your counselor to explore all options.



Teacher Communication

- Just as communicating with a boss is crucial to an employee's success such is true for students in relating to their teacher.
- Become comfortable with emailing your teachers.
- Make appointments with teachers to review class test scores and make an effective study plan for future tests.
- Check your Aeries account regularly as well as your teacher's website for your class.
- Contact teachers regarding grades & assignments
- Become comfortable with textbook online support



Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
Harry Potter Club	Peer Tutoring (Tues/Thurs)	Interact Club	Mad Mudders	Mock Trial
Recycle Club	Drama Club	Philosophy Club	Key Club	Black Student Union
FBLA	Botany Club	Smash Brothers Club	Science Bowl	Christian Club
Journalism	Car Club	Gamers Club	Mountain Bike Club	Chess Club
Model UN	French Club	Native Wolfpack Club	TCG Club	Latinos and Amigos Club
	Makers Club			Travel Club
	Amateur Radio Club	For club descriptions, please view on our website: https://shs-shastauhsd-ca.schoolloop.com/activites		

Graduation Requirements

Course:	Credits required: (10 credits = 1 year course)
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English:	40 credits
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Social Science	40 credits
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Math:	30 credits
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Science:	20 credits(Physical and Lilfe Science)
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Physical Education:	20 credits
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Visual/Performing Art:	10 credits
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Practical/Vocational Art	10 credits
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Electives:	60 credits
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	230 Total Credits Required
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Proficiencies to complete in addition to 230 credits:	
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Computer Proficiency

A-G University Admission Requirements, CSU & UC cont.



Social Science:

2 Years from World History, Cult. Geography, US History, or American Government



B) English:

4 Years



C) Math:

3 Years and must include two semesters of Integ. Math II, and Integ. Math III.



D) Lab Science:

2 Years and must include Biology and either Chemistry or Physics



E) Language Other Than English (LOTE):

2 Years of the same language



F) Visual/Performing Art:

1 Year



G) College Prep Elective:

1 Year

All A-G courses must be completed with a grade of "C" or better.

California State Universities (CSU)

CSU The California State University

CSU MENTOR

SEARCH:

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[FINANCIAL
AID](#)

[TESTING](#)

[APPLY](#)

[HELP](#)



- CSU aims to admit the top 33% of CA high school graduates
- CSU is our Nation's largest public 4-year university system with 23 campuses to choose from
- Cost to attend a CSU is approximately \$10,000 less per year!
- The CSU awards nearly half of our states Bachelors Degrees
- More than 1/3 of CSU students are first generation students
- Time to degree averages 4.7 years

www.csumentor.edu

University of California (UC)

UNIVERSITY
OF
CALIFORNIA

[Admissions](#) [Jobs](#) [Contact](#)



[NEWS](#) ▾ [INITIATIVES](#) ▾ [UC SYSTEM](#) ▾ [SUPPORT UC](#)



**Congratulations,
graduates!**

67,000 new UC degree-holders prepare to
make their mark on the world.



University of California (UC)

- 9 Campuses plus UCSF which is a Graduate school
- UC aims to admit the top 12.5% of all CA high school graduates
- UC guarantees admission to the top 9% of all CA high school graduates (ELC)*
- 42% students are First Generation College Students
- 84.5% of students are CA Residents
- 4 Year Avg. Graduation Rate = 64% 5 Year Avg. Graduation Rate = 82%
- Blue & Gold Scholarship for students from family incomes of \$80,000 or less
- Middle Class Scholarship for students from family incomes of \$150,000 or less

<http://admission.universityofcalifornia.edu/>

Association Independent CA Colleges Universities



aiccu 2015-2016 COLLEGE GUIDE

INDEPENDENT CALIFORNIA COLLEGES AND UNIVERSITIES

46TH EDITION



California Community Colleges



CALIFORNIA COMMUNITY COLLEGES
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Welcome to the California Community Colleges Chancellor's Office

The California Community Colleges is the largest system of higher education in the nation, with 2.1 million students attending 113 colleges. Our colleges



- **Our students are guaranteed admissions into these 6 schools if they meet the requirements!**
- **Shasta County students will only pay In State Tuition at Southern Oregon University!**

Choosing the best college..for you

- Does this college offer majors I'm interested in?
- Is this college located in an area I would feel safe?
- Does this college offer leisure time activities I would enjoy?
- Can I afford this college or am I willing to take out a loan to attend?
- What is the retention rate at this college?
- Are there graduate degrees offered within my major?
- Be sure to visit the campus while it's in session!

SUHSD College and Career Planning Guide

9th	Provided by	Time of Year	Activity
	Career Specialist	Fall & Spring	Cluster Finder Career Exploration Introduction of Resume Builder Integrate with Choices curriculum
	Counselors	Fall Semester	Four Year Plan Graduation Req. & A-G Req. Introduction to a transcript Survey

10th	Provided by	Time of Year	Activity
	Career Specialist	Fall	Interest Profiler Careers I'm Thinking About
	Counselors	Fall	Four Year plan follow up and editing College Map & Colleges I'm Thinking About Road Trip Nation-Explore themes Survey

11th	Provided by	Time of Year	Activity
	Career Specialist	Varies by site	Career Fair
		Spring	Strength Explorer
Counselors	Spring Semester	Edit Four Year Plan Game Plan Super Match College Resources Additional Resources: Assist, AICU, UC, CSU Mentor, CCC, and Shasta College University Application Essays Survey	

12th	Provided by	Time of Year	Activity
	Career Specialist	Varies by site	Career Fair
	Counselors	Fall	College Resources: Scholarships, Financial Aid, College Compare Super Match Edit Game Plan Survey
Teachers/Coun			District Exit Survey

CTE Opportunities = Career Exploration

Junior & Senior year

- Fire Technology
- Medical Careers
- Engineering
- Veterinary Careers
- Administration of Justice
- Early Childhood Careers
- Dental Assisting
- Chef Prep & Culinary Arts
- Agriculture
- Sports Medicine



Admission Testing for Universities

ACT and SAT are the two college admission tests. Both tests are accepted broadly.

Statistics report highest scores earned spring of junior year OR upon completion of Math III

ACT: Reading, Math, Science, and Writing Cost: \$56.50

SAT: Reading, Math, Writing, and Writing Cost: \$57

Open this link for a very thorough comparison of ACT and SAT.

<https://collegereadiness.collegeboard.org/sat/inside-the-test/compare-new-sat-act>

ACT Test Dates 2016-2017

TEST DATE	REGISTRATION DEADLINE	DEADLINE WITH LATE FEE
Sept. 10, 2016	Aug. 5, 2016	Aug. 19, 2016
Oct. 22, 2016	Sept. 16, 2016	Sept. 30, 2016
Dec. 10, 2016	Nov. 4, 2016	Nov. 18, 2016
Feb. 11, 2017	Jan. 13, 2017	Jan. 20, 2017
April 8, 2017	March 3, 2017	March 17, 2017
June 10, 2017	May 5, 2017	May 19, 2017

SAT Test Dates 2016-17

TEST DATE	REG. DEADLINE	LATE REG./MAIL Fee Req.	LATE REG./PHONE Fee Req.
Oct. 1, 2016	Sept. 9, 2016	Sept. 13, 2016	Sept. 20, 2016
Nov. 5, 2016	Oct. 7, 2016	Oct. 18, 2016	Oct. 25, 2016
Dec. 3, 2016	Nov. 3, 2016	Nov. 15, 2016	Nov. 22, 2016
Jan. 21, 2017	Dec. 21, 2016	Jan. 3, 2017	Jan. 10, 2017
March 11, 2017	Feb. 10, 2017	Feb. 21, 2017	Feb. 28, 2017
May 6, 2017	April 7, 2017	April 18, 2017	April 25, 2017
June 3, 2017	May 9, 2017	May 16, 2017	May 24, 2017

SAT & ACT Fee Waivers

- ★ Students that qualify for the Free or Reduced Lunch program are automatically eligible for SAT & ACT Fee Waivers during Junior and Senior Years!
- ★ SAT Fee Waivers also provide (4) Free College Applications! $\$60 \times 4 = \240

PSAT: Practice Test for SAT

NMSQT: Scholarship Contest for Juniors

★ Fall 2016 Testing Schedule includes:

- Primary: Wednesday October 19
 - Saturday: October 15
- Alternate: Wednesday November 2



ASVAB

CAREER EXPLORATION PROGRAM

www.asvabprogram.com

Military Info

We offer the ASVAB each year for 10, 11th and 12th grade students
It will be offered Spring 2017

The ASVAB consists of:

Armed Services Vocational Aptitude Battery (ASVAB) - the most widely-used multiple aptitude test battery in the world measures developed abilities and helps predict future academic and occupational success.

Find Your Interests (FYI) - a 90-item interest inventory designed to help students identify their work-related interests.

OCCU-Find – this career catalog contains data related to 100s of careers with activities to help students put a plan together.

California assessment of student performance & progress (CAASPP)

- **California juniors**
- **Standardized test in English and Math**
- **CSU, Early Assessment Program (EAP)**
- **EAP test questions were embedded in the CAASPP to determine readiness for college level course work.**

Are You Going To Be A Collegiate Athlete?



NCAA Eligibility Center

www.eligibilitycenter.org

NAIA Eligibility Center

<http://www.playnaia.org>

Shasta College Athletics

Jayson Kelly, Athletic Counselor

530-242-7737 [or jkelly@shastacollege.edu](mailto:jkelly@shastacollege.edu)

www.shastacollege.edu

Justin Henry

College Options

Financial Aid/FAFSA Tips

- The Free Application for Federal Student Aid reviews 4 items: income, assets, how many kids in college, how close to retirement
- Consider where you have your assets
- If your student has income over \$6,400 they will add 50% of it to your EFC (Expected family contribution).
- Any assets in the students name count more against financial aid vs. in parents name
- A 529 plan will be taxed as income the following year. A gift is not taxed.
- Your first home is not considered an asset; other real estate/investments are reported as assets
- Stocks, cash in bank are considered assets
- Assets do not include: Home equity, retirement accounts, Life insurance and annuities, assets entitled to a business or ranch/farm if you own/operate at least 50% and have fewer than 100 employees.

CHANGES TO THE FAFSA PROCESS FOR 2017-2018

SUMMARY OF KEY DATES FOR SUBMITTING THE FAFSA

IF YOU PLAN TO ATTEND COLLEGE FROM	YOU WILL SUBMIT THIS FAFSA	YOU CAN SUBMIT THE FAFSA FROM	USING INCOME AND TAX INFORMATION FROM
July 1, 2015–June 30, 2016	2015–16	January 1, 2015–June 30, 2016	2014
July 1, 2016–June 30, 2017	2016–17	January 1, 2016–June 30, 2017	2015
July 1, 2017–June 30, 2018	2017–18	October 1, 2016–June 30, 2018	2015
July 1, 2018–June 30, 2019	2018–19	October 1, 2017–June 30, 2019	2016

studentaid.gov/fafsa

Cal Grant Info

2017-18 CAL GRANT PROGRAM INCOME CEILINGS		
	Cal Grant A and C	Cal Grant B
Dependent students and Independent students with dependents other than a spouse		
<u>Family size:</u>		
Six or more	\$110,300	\$60,600
Five	\$102,200	\$56,100
Four	\$95,400	\$50,100
Three	\$87,800	\$45,100
Two	\$85,700	\$40,000
Independent students		
Single, no dependents	\$35,000	\$35,000
Married, no other dependents	\$40,000	\$40,000

2017-18 CAL GRANT PROGRAM ASSET CEILINGS	
Dependent students ¹	\$73,800
Independent students	\$35,100

¹This ceiling also applies to independent students with dependents other than a spouse.

NOTE: Per California Education Code section 69432.7(k), the Cal Grant program income and asset ceilings for new applicants and renewing recipients are to be adjusted annually using the change in the cost of living within the meaning of paragraph (1) of subdivision (e) of Section 8 of Article XIII B of the California Constitution:

SEC. 8. (e) (1) "Change in the cost of living" for the State, a school district, or a community college district means the percentage change in California per capita personal income from the preceding year.

Scholarship Tips

Naviance

www.shastawolves.com > Colleges > Scholarship List

Local & Regional Searches:

www.northstatescholarships.communityforce.com

Available in Naviance

State & National Scholarship Searches:

www.fastweb.com

www.californiacolleges.edu

Survey

To better serve our students and parents, we would appreciate your feedback.

Please take a moment to complete the survey you received.